



Community-Based Research: Is Participation Reality, Rhetoric, or Tokenism?

International Stigma Conference • 2018 November 16



If all research involves participation what makes research participatory?

WHAT IS PARTICIPATORY RESEARCH?

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Soc. Sci. Med Vol 41. No 12, pp 1667-1676. 1995

“The key element of participatory research lies not in methods but in the **attitudes** of researchers, which in turn determine how, by and for whom research is conceptualized and conducted.”

“The key differences between participatory and other research methodologies lies in the **location of power** in the various stages of the research process and the **perpetual** discussion among researchers and community members” *Cornwall & Jewkes, 1995*



Laura Nyblade

RTI International, Washington, DC

Anna Helova

University of Alabama at Birmingham Sparkman Center for Global Health

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Morehouse School of Medicine, GA

Andrew Spieldenner

California State University San Marcos, CA

Kneeshe Parkinson

Positive Women's Network/ Project ARK, MO

Cheriko (Riko) A. Boone

BELIEVE Martin Delaney Cure CAB, Washington, DC

Moderator: **Ezer Kang**

Howard University, Department of Psychology

Discussant Questions

1. Community-research partnerships are often hampered by competing bottom lines. What are they and how have you move towards resolving/ preventing potential conflict?
2. Despite the best of intentions, PLWH are granted token voice on research – how can we be better at inclusivity?
3. What are outcomes of participatory research? Are these outcomes better than ones that are more researcher-driven?
4. How do we best overcome unforeseen, unintended negative consequence of research on communities?

Laura Nyblade

RTI International, Washington, DC

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Building Stigma Free Health Facilities: Participatory Methods are Key

Laura Nyblade, PhD

Senior Technical Advisor, Stigma and Discrimination
RTI, International and the Health Policy Plus Project



Acknowledgments

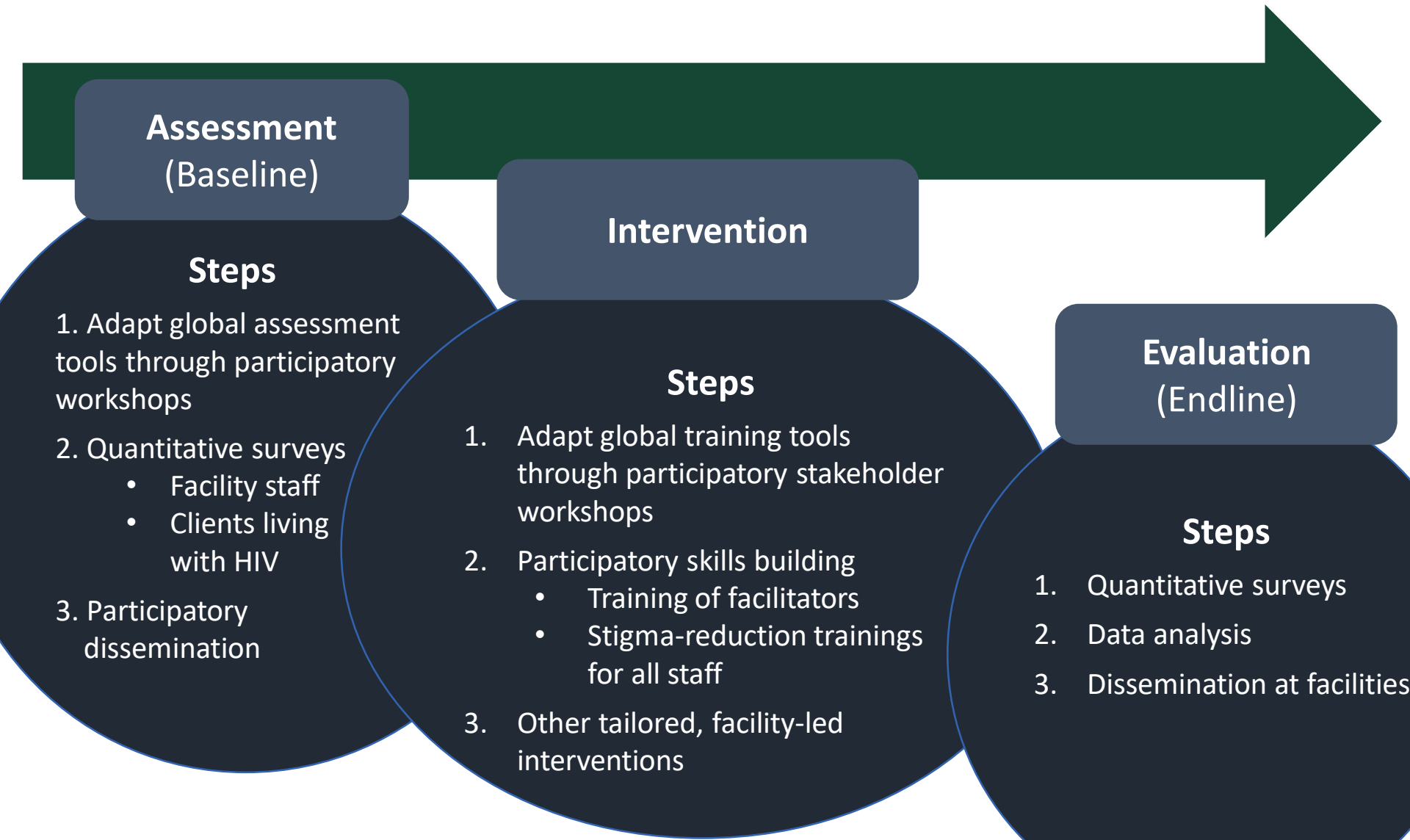
• Tanzania

- Respondents, facility staff, and management
- Government of Tanzania
 - National AIDS Control Programme
 - Office of the Morogoro regional medical officer
 - Mvomero and Kilosa districts
- Local implementing partners
 - Muhimbili University for Health and Allied Sciences (Research)
 - Kimara Peer Educators (Intervention)
- USAID and PEPFAR

• Ghana

- Respondents, facility staff, and management
- Ghana AIDS Commission
- National AIDS Control Programme
- Educational Assessment Research Center (local implementing partner)
- USAID and PEPFAR
- The Global Fund to Fight AIDS, Tuberculosis, and Malaria

The HP+ Total Health Facility Approach to Stigma Reduction: Three Phases



Participation leads to ownership and lays foundation for success and sustainability

“Training facility staff as facilitators led to much better results... Because they were our own staff, they were able to go and learn and then prepare sustainable trainings for their colleagues ... Trainings were easier to understand and better received, because the facilitators know their fellow staff members and understand the facility context and were able to plan the content accordingly”

—Joseoh Ngimba, Medical Officer-In-Charge, Turiani

“This interaction is different from anything else we have experienced so far—we defined the response; we owned it.”

—Dr. Akosua Osei Manu, Tema General Hospital



Action to reduce facility stigma is possible!

Global measurement and intervention tools are easily adaptable across diverse contexts



Anna Helova

University of Alabama at Birmingham Sparkman Center for Global Health

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Addressing HIV Stigma Experienced by Pregnant Women in Kenya Using Community-Based Research

Anna Helova, MA, MBA, MPH, DrPH Candidate

Program Director

Sparkman Center for Global Health

Department of Health Care Organization and Policy

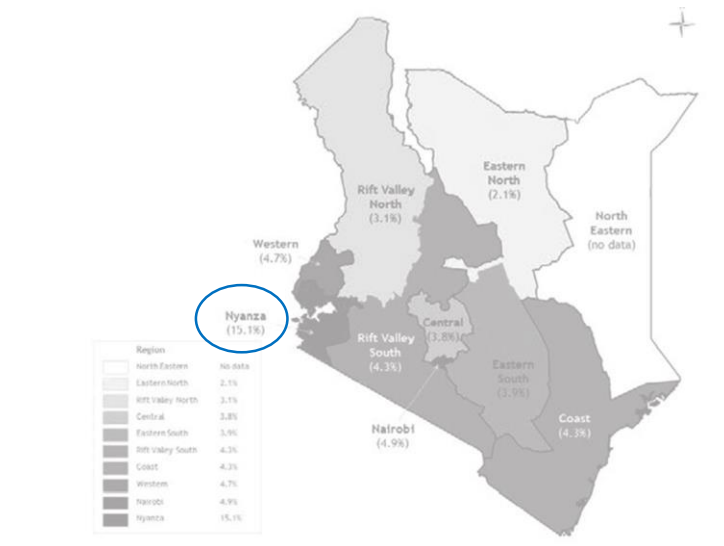
School of Public Health

University of Alabama at Birmingham, USA

Howard University
November 16, 2018

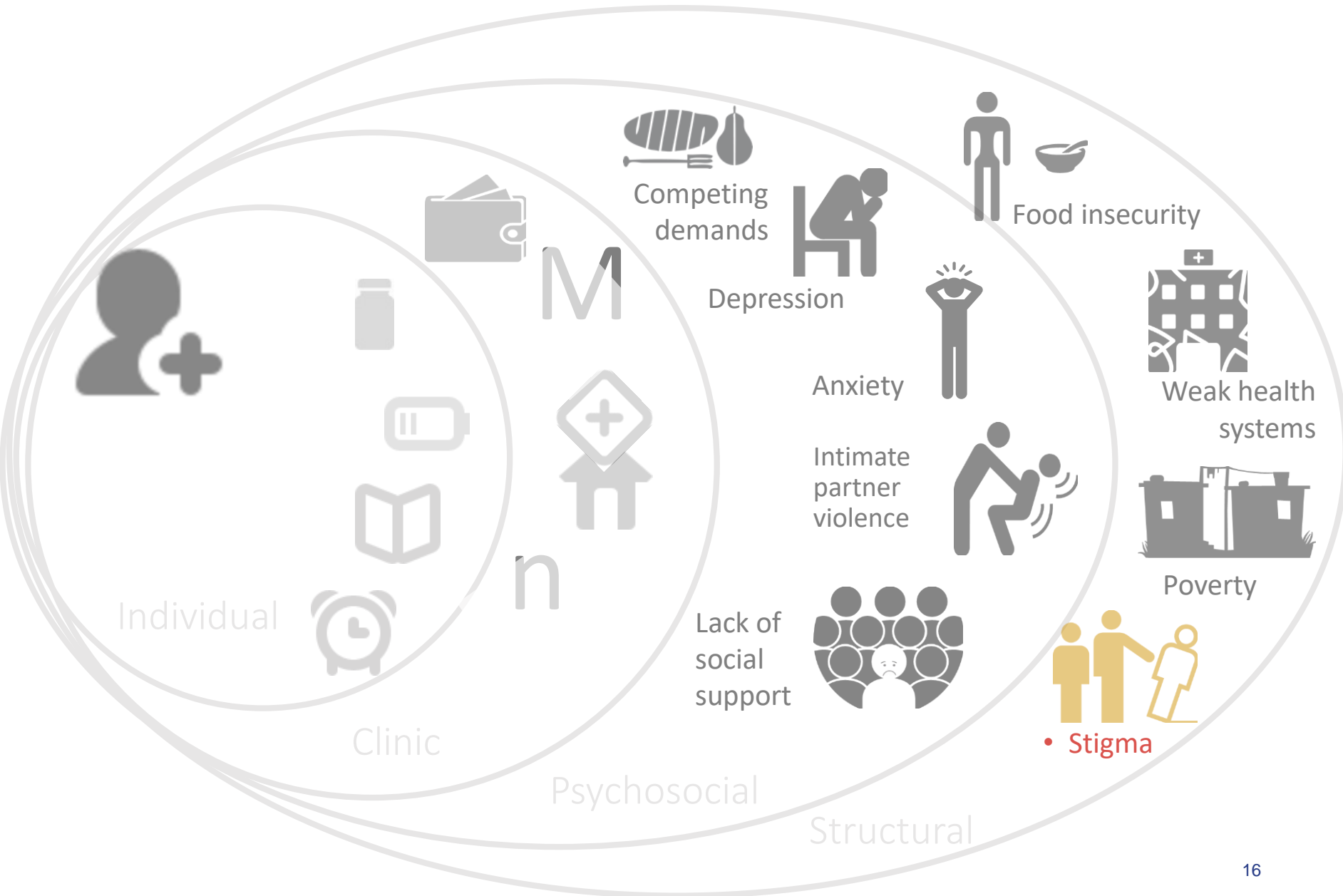


Kenya and HIV



- HIV prevalence: 6% in Kenya; 15.1% in Nyanza
- 1.5 million people are HIV positive
- HIV prevalence rates higher among women than among men
- MTCT is a continuing health problem (8.3% in 2015)

Women face many barriers to PMTCT



RESEARCH PLATFORM

- A Kenya Medical Research Institute (KEMRI)-UCSF Collaboration
- PEPFAR-funded
- Provides HIV-related services, training, and research in the former Nyanza Province, Kenya
- Works closely with the Kenyan Ministries of Health



Examining Pregnancy, HIV-related Stigma, and IPV in Kenya

Qualitative Pilot Study

The effects of HIV on utilization and provision of maternity services in Kisumu
2006

UCSF Center for AIDS Research

Observational Study

Maternity in Migori and AIDS Stigma (MAMAS Study)
2007

U. S. National Institute of Mental Health

IPV screening/ referral pilot

The Gender-Based Violence (GBV) Study
2010

UCSF Center for AIDS Research

Integrating IPV prevention pilot

The effects of a home-based couples intervention to enhance PMTCT and family health in Kenya (Jamii Bora Study)
2014

U. S. National Institute of Mental Health



Jamii Bora (Better Family) Study

- **GOAL:** To develop and pilot a **home-based couples intervention** for safe HIV testing and disclosure for couples, alongside information and counseling for family health during the perinatal period.



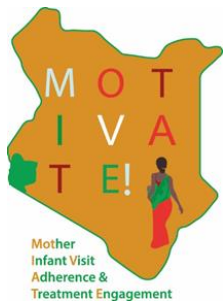
Jamii Bora Intervention

- 3 home home-based visits for pregnant women and male partners
- HIV-positive, HIV-negative, and Discordant
- visits by couple counselors: 1 male & 1 female

Community Engagement in the Jamii Bora Study

- Development of the intervention idea together with members of the community, including PLWH
- Involvement of PLWH as research team members
- Community participation in adaptation and refinement of the intervention model
- Community mobilization to communicate with the community prior to home visiting intervention
- Meetings with community advisors throughout the study
- Dissemination of study results back to the community





Mother Infant Visit Adherence & Treatment Engagement Study (MOTIVATE!)

This study is a cluster randomized, 2×2 factorial, controlled trial.

Goal: to address potential barriers that may affect uptake and retention in HIV care for Option B+ in Nyanza, Kenya.

Study sites were randomized into one of four groups:

- Community Mentor Mothers (cMM)
- Text messaging
- cMM & text messaging
- Standard of care (control)

| | | Community mentor mothers (cMM) | |
|----------------|-----|--------------------------------|---------------------|
| | | Yes | No |
| Text Messaging | Yes | cMM and Text Messaging | Text Messaging only |
| | No | cMM only | Control |

Fig. 1 2 × 2 factorial design. Using a 2 × 2 factorial design, this study will evaluate the effect of community-based mentor mothers (cMMs), text messaging, or both on service utilization and maternal and child health outcome indicators



Community-Based Mentor Mothers

- Mentor mothers are **HIV-infected women** who have been through PMTCT and are tasked with providing peer education and psychosocial support
- They have been shown to increase uptake of services in several settings in sub-Saharan Africa
- In Kenya, mentor mothers have been based out of health facilities rather than in the community.
- We are testing a **community-based mentor mother (cMM)** model, in which cMMs are based in the community and conduct home visits with pregnant and postpartum women.

Community Engagement in the MOTIVATE! Study

- Development of the intervention idea together with members of the community, including PLWH
- Involvement of PLWH as the **community-based mentor mothers** intervention implementers
- Community participation in the **community randomization process**
- Community mobilization to communicate with the community prior to cMM intervention
- Meetings with a Community Advisory Group during the study period
- Dissemination of study results back to the community



Acknowledgments

(Jamii Bora and MOTIVATE Studies)

- **University of Alabama at Birmingham:**
 - Janet Turan
 - Anna Helova
 - Pamela Musoke
 - Liza Kimbo
 - Ashutosh Tamerhane
 - Meredith Kilgore
- **University of Colorado, Denver**
 - Lisa Abuogi
 - Karen Hampanda
- **Univ. of Witwatersrand:**
 - Abigail Hatcher
- **University of Pennsylvania**
 - Harsha Thirumurthy
- **University of Michigan:**
 - Lynae Darbes
 - Thomas Braun
- **Kenya Medical Research Institute:**
 - Zachary Kwena (Site PI)
 - Maricianah Onono
 - Thomas Odeny
 - Elizabeth Bukusi (Site PI)
 - George Owino
 - Tobias Odwar
 - Kevin Owuor
 - Patrick Oyaro
 - Eluid Akama
- **Funders**
 - U.S. NIH/NIMH
 - U.S. NIH/NICHD
- **Collaboration:**
 - Kenya Ministry of Health
 - FACES Program



APPENDIX



JAMII BORA PILOT STUDY

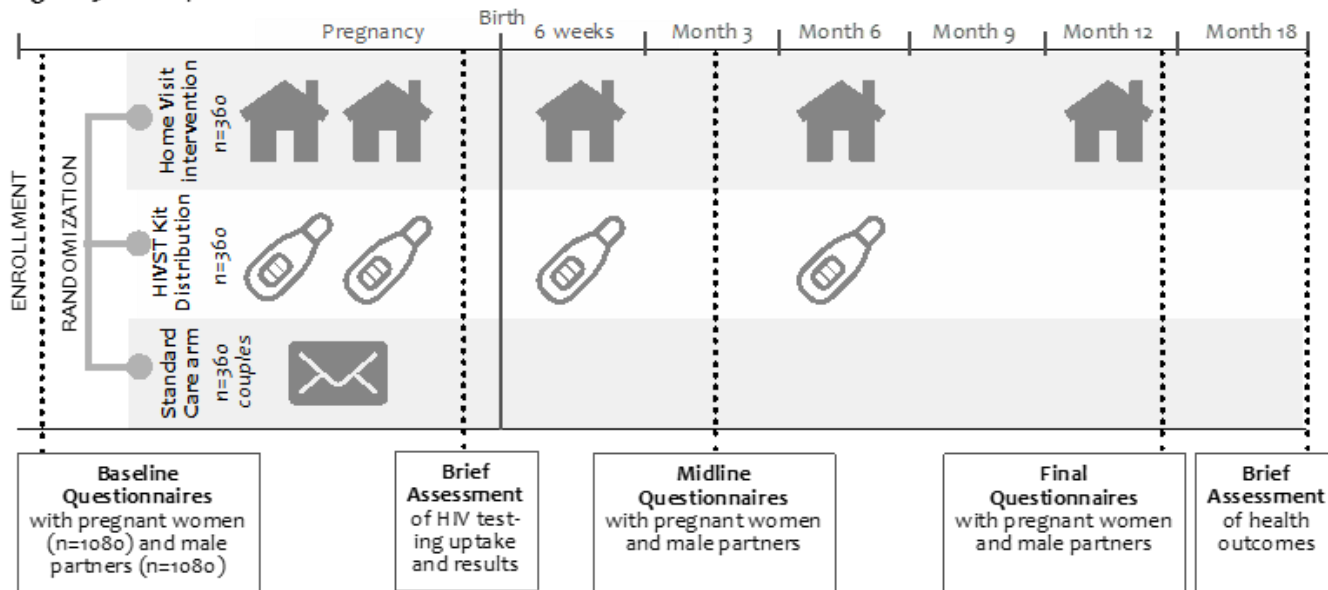
Results

- **64%** of women in the intervention arm engaged in Couples HIV Testing and Counseling with their male partner during the study period, compared to **23%** of women in the control arm (Relative Risk=2.78; 95% CI: 1.63-4.75)
- **Any male partner attendance at antenatal care visits** (52% intervention versus 43% control, $p=0.42$);
- **Giving birth in a health facility** (87% versus 79%, $p=0.28$);
- **Exclusive breastfeeding** (91% versus 76%, $p=0.06$);
- **Maternal postpartum check-up** (72% versus 50%, $p=0.03$).
- **Infant postnatal check-ups** were universal in both study arms (100%)
- **Postpartum family planning use** was very similar in the two groups (79% versus 77%, $p=0.77$).

* Turan et al., 2018, *AIDS Patient Care and STDs*.

JAMII BORA R01: STUDY DESIGN

Figure 3. Participant Flow



R01MH116736: Testing Strategies For Couple Engagement In PMTCT And Family Health In Kenya

David Malebranche

Morehouse School of Medicine, GA

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Intersecting Stigmas That Impact Healthcare Utilization by Black SGL Men Living with HIV

David Malebranche, MD, MPH

Associate Professor, Department of Medicine



Andrew Spieldenner

California State University San Marcos, CA

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From “Consumer” to Community-Based Researcher: Lessons from the Stigma Index in the United States

Andrew Spieldenner, Ph.D.

Chair, US People living with HIV Caucus

Assistant Professor, Health Communication, California
State University - San Marcos



California State University
SAN MARCOS

United States People Living with HIV Caucus



- ▶ A network of national networks of PLHIV and community leaders
- ▶ Emerged 2010 with the dissolution of National Association of People with AIDS
- ▶ Host AIDSWatch and other community based PLHIV community work
- ▶ The United States People Living with HIV Caucus (the HIV Caucus) has taken on the lead coordination of the Stigma Index as of 2016



Photo credit: Poz Magazine (2013)

A Changing Epidemic...

Pre-Treatment Era

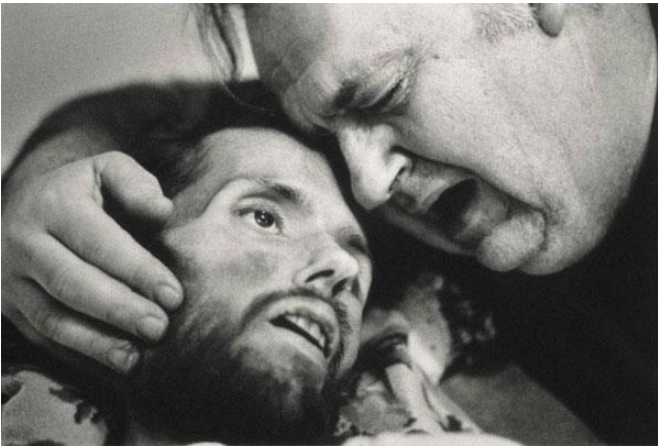


Photo Credit: Therese Frare (1990)

Post-Treatment Era

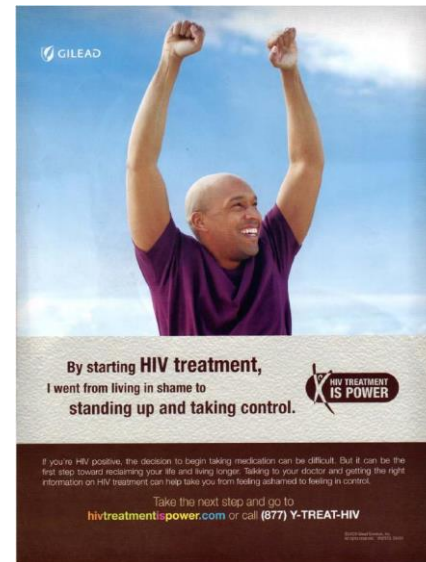


Photo Credit: Gilead

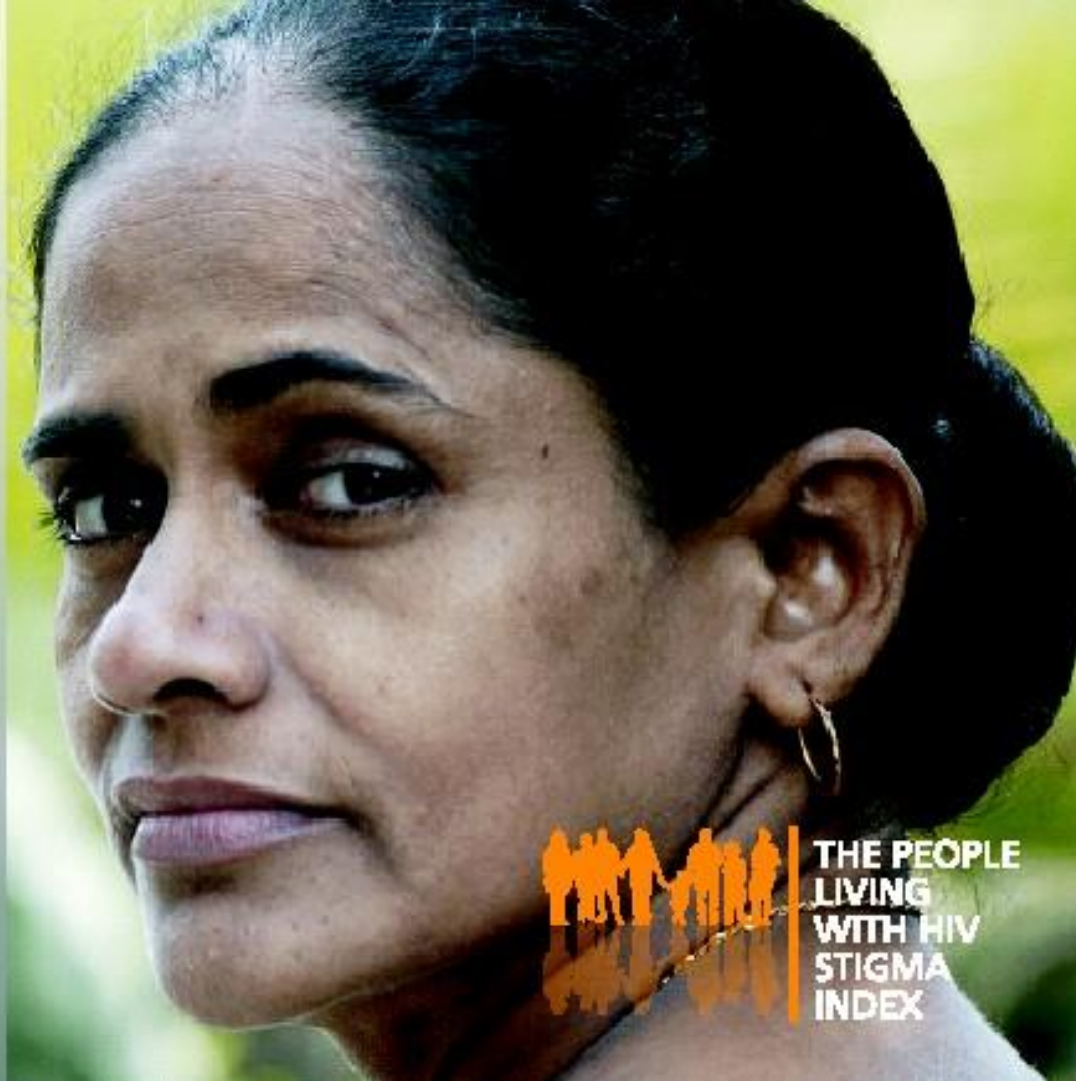
The Stigma Index

- ▶ Coordinated by Global Network of People Living with HIV (GNP+) to measure HIV stigma - conducted in 50 countries
- ▶ The Stigma Index data is collected and analyzed *by* PLHIV, *with* PLHIV, and *for* PLHIV
- ▶ Stigma Index findings drive policy and community organizing efforts

For more information on global projects using the questionnaire see <http://www.stigmaindex.org/>



"THE INDEX
PROVIDES
THE BEST
OPPORTUNITY
FOR PEOPLE
LIVING WITH HIV
TO TELL THEIR
SECRETS – SO WE
NEED TO DEVELOP
THE SKILLS TO
ASK THEM."



THE PEOPLE
LIVING
WITH HIV
STIGMA
INDEX

The Stigma Index Process

- ▶ Partnership
- ▶ Capacity-building
- ▶ Listening to the community
- ▶ Data analysis and interpretation
- ▶ Advocacy



United States Implementation

- ▶ The Stigma Index has been conducted in three sites:
 - ▶ Detroit
 - ▶ Louisiana
 - ▶ New Jersey
- ▶ Over 750 people living with HIV participated
- ▶ Anti-stigma work is being conducted in each site
- ▶ Data highlight results:
 - ▶ Poverty
 - ▶ Intersectional stigma
 - ▶ Value of resilience

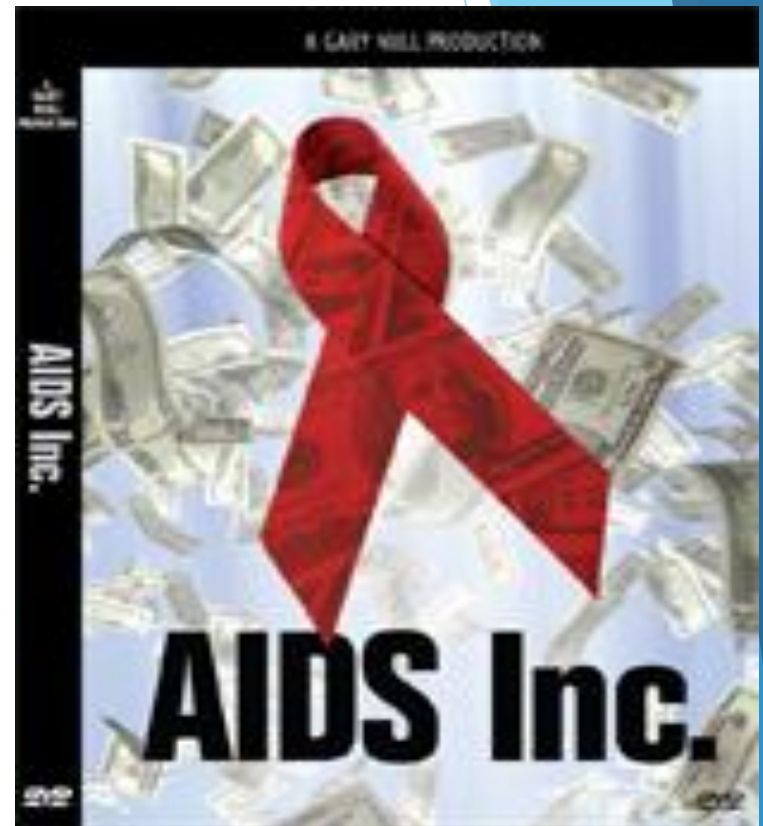




Act Up, 1991. Photograph: Dirck Halstead/Time & Life Pictures/Getty Images

MIPA: Current Challenges

- ⌞ Current funding environment does not support PLHIV organizing
- ⌞ Fewer people with HIV receiving disability and more people having to work more hours, multiple or low-wage jobs, to make ends meet.
- ⌞ Sense of urgency missing, complacency about treatment
- ⌞ Epidemic larger, more diverse than ever
- ⌞ Not developing or using PLHIV resources properly




Lessons in Partnership

 In every Stigma Index partnership, there were challenges to being seen as equals in every step – from all sides

 Researchers learned to “trust the process” at each level and keep the PLHIV groups engaged throughout

 PLHIV had to grow into understanding our voice has power, our embodied knowledge has a place

 As Stigma Index implementation phase occurs, these partnerships are more important than ever

 This has resulted in 5 co-authored articles amongst community/researcher teams, several town halls to disseminate

Questions?



Photo credit: Jacob Barrera
(2017)

- ▶ Contact Info:
- ▶ Andrew Spieldenner,
Ph.D.
- ▶ aspieldenner@csusm.edu
- ▶ @aspield on twitter

Kneeshe Parkinson

Positive Women's Network/ Project ARK, MO

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COMMUNITY BRIDGING & MEANINGFUL INVOLVEMENT

KNEESHE PARKINSON – PWN USA-MO , HEALTH NAVIGATOR

HIV LONG TERM SURVIVOR



21
YEAR
SURVIVOR

KNEESHE PARKINSON

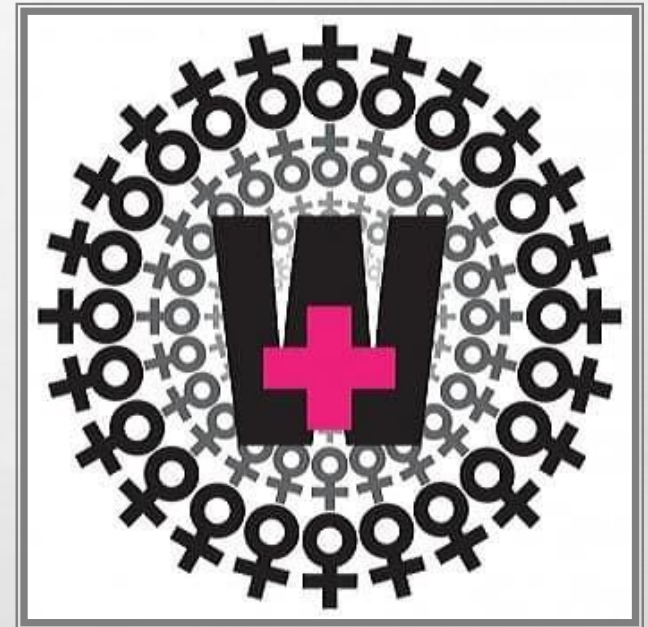
NOAIDSHIVSURVIVORLIVINGMEMORIAL



DENVER PRINCIPLES

- **(STATEMENT FROM THE ADVISORY COMMITTEE OF THE PEOPLE WITH AIDS)**

WE CONDEMN ATTEMPTS TO LABEL US AS "VICTIMS," A TERM WHICH IMPLIES DEFEAT, AND WE ARE ONLY OCCASIONALLY "PATIENTS," A TERM WHICH IMPLIES PASSIVITY, HELPLESSNESS, AND DEPENDENCE UPON THE CARE OF OTHERS. WE ARE "PEOPLE WITH AIDS."



COMMUNITY BRIDGING

LINKAGE TO CARE

- **HEALTH COACHES (PEER NAVIGATOR)**
- **LEADERSHIP**
- **TOOL KIT**
- **CULTURE COMPETENCY**
- **LANGUAGE MATTERS**

BUILDING LEADERS OF COLOR

- **LENSES**
- **REDUCING STIGMA**
- **TREATMENT ADHERENCE**
- **TIME MANAGEMENT**
- **EMPOWERMENT**

END AIDS STIGMA
A BATTLE BEYOND AN ILLNESS 

MEANINGFUL INVOLVEMENT

LEADERSHIP

- AIDS WATCH
- BLOC -BUILDING LEADERS OF COLOR
- COMMUNITY ADVISORY BOARD PART C & D
- HIV 50 + CAMPAIGN
- PLANNING COUNCIL
- PWN USA- MOBILIZATION OF FOR WOMEN BY WOMEN

LEADERSHIP

- QUALITY MANAGEMENT TEAMS
- RYAN WHITE NATIONAL CONFERENCE
- TRAINING CONSUMERS ON QUALITY
- U=U CAMPAIGN
- USCA & POSITIVELY LIVING CONFERENCE



Cheriko (Riko) A. Boone

BELIEVE Martin Delaney Cure CAB, Washington, DC

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*BELIEVE*ing in Responsible and Ethical Community Engagement around Emerging Biomedical HIV Research

Riko A. Boone, MSW, MPH

**Co-chair of Community Engagement,
BELIEVE Collaboratory for HIV Cure Research
The George Washington University**

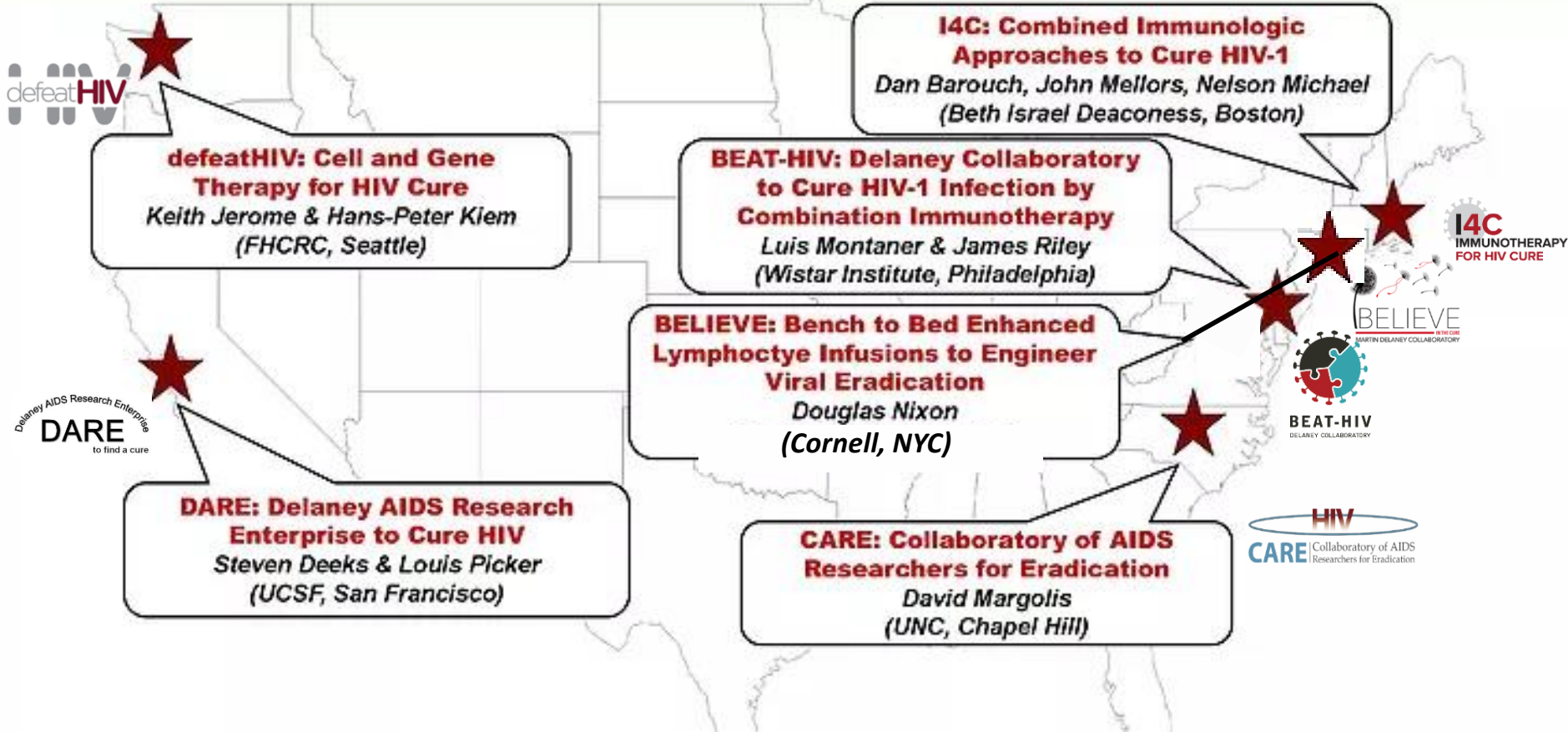
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International Conference on Stigma
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Martin Delaney Collaboratories for HIV Cure Research



We **BELIEVE** in Responsible Community Engagement: Overview of the Structure and Outcomes in the **BELIEVE** Collaboratory for HIV Cure Research

Cheriko A. Boone, MSW, MPH^{1,2}; A. Toni Young^{1,3}; Jon Fenech¹; Richard Strange¹; Ron Swanda¹; Thomas J. Villa¹; Eleanor Sarkodie, MPH¹; Terry Howard¹; Evelyn Rodriguez-Estrada, MD¹; Andre Ceranto¹; Daniel Barros, MPH¹

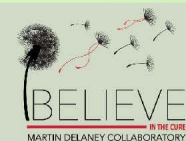
Amanda D. Castel, MD, MPH⁴; Robert Furler, PhD⁵; R. Brad Jones, PhD⁵; Douglas Nixon, MD, PhD⁵; Manya Magnus, PhD, MPH⁴

¹Community Advisory Board, **BELIEVE** Collaboratory for HIV Cure Research; ²The George Washington University, Department of Psychology; ³Executive Director, Community Education Group;

⁴The George Washington University, Milken Institute School of Public Health; ⁵Weill Cornell Medicine

[*Shared senior authors]

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WASHINGTON, DC



Background

The **Bench to Bed Enhanced Lymphocyte Infusions to Engineer Viral Eradication (BELIEVE)** Collaboratory site is:

- One of six Martin Delaney Collaboratory: Towards an HIV-1 Cure sites
- Funded by the U.S. National Institute of Allergy and Infectious Diseases at the National Institutes of Health
- Designed to facilitate public- and private-sector collaborative cure research
- Supports emerging curative strategies across key areas of basic and clinical research
- Includes twenty-two collaborating institutions from Brazil, Canada, Mexico, and the U.S.

Methods

Robust community engagement has been integral to the implementation of **BELIEVE**. In the first two years of the **BELIEVE** collaboratory, the Community Advisory Board (CAB) has focused on the following community engagement efforts:

- Recruited CAB members at the four core sites
- Developed an infrastructure to incorporate international partners
- Organized a meeting to build capacity in community engagement, increase awareness, and develop scientific literacy among community stakeholders around HIV cure research
- Integrated input from ongoing community stakeholder reviews of cure research protocols
- Launched a global survey assessing knowledge, attitudes, and perceptions among seropositive and seronegative people about cure research
- Collaborated with other NIH-funded MDC sites to address ethical and regulatory considerations in the development of cellular and genetic therapies toward a functional or sterilizing cure; and to discuss scientific research advancements that may impact either HIV cure development or diffusion.

Guiding Principles

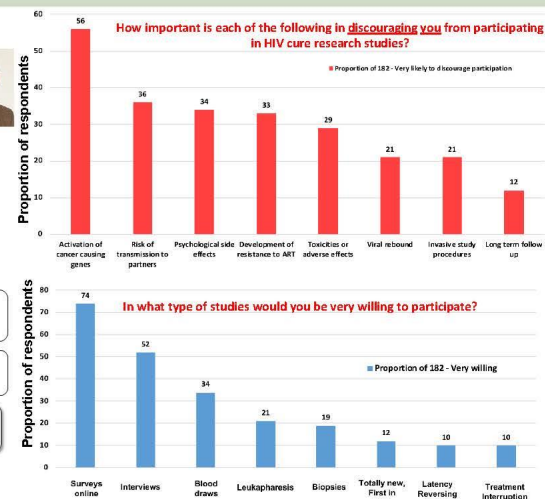
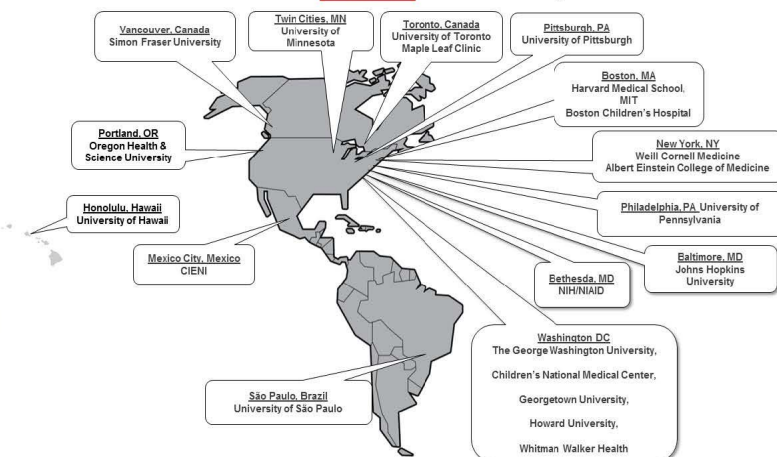
The **BELIEVE** Community Advisory Board applies the following guiding principles of good participatory practice (GPP) described by the Joint United Nations Programme on HIV/AIDS (UNAIDS):



BELIEVE Community Advisory Board Members



International **BELIEVE** Collaboratory Sites



Conclusions and Next Steps

Conclusions:

- Community engagement is an essential component of ethical HIV cure research, and is possible to execute across international sites
- There is a need for ongoing assessment of the knowledge, attitudes, and perceptions among seropositive and seronegative people about cure research, particularly regarding studies that involve analytical treatment interruptions (ATIs)

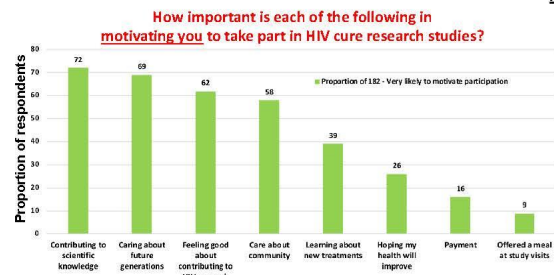
Next Steps:

- Create dynamic, culturally and linguistically appropriate platforms to educate local community stakeholders on the progress of HIV cure research
- Connect community engagement activities around HIV cure research to broader policy implications regarding prevention, treatment, and social-structural barriers to diffusion of HIV research
- Develop strategies to avert possible unintended negative social, structural, and behavioral consequences of HIV cure research
- Integrate community engagement activities across BELIEVE sites through the harnessing of technology and streamlined communication
- Maximize productivity and efficiency of community engagement activities through collaborative international and inter-organizational partnerships
- Increase the effectiveness of BELIEVE community engagement activities by:
 - ☐ Conducting comprehensive assessment across sites
 - ☐ Implementing leadership development and training opportunities for all incoming and continuing CAB members
 - ☐ Seeking capacity building assistance focused on effective review of scientific research protocols, as well as increasing knowledge and skills in evidence-based practices and community-based participatory research

Results

Characteristics of Survey Participants (N=182): Preliminary Findings

| Characteristic | % |
|-----------------------------------|-----------|
| Male | 54 |
| Gay or bisexual | 56 |
| Age (median, IQR) | 37, 28-49 |
| Lives in East Coast, US | 41 |
| Living with HIV (40% > 20 years) | 27 |
| Family or friends living with HIV | 35 |
| At risk for HIV | 14 |
| Black/African American | 25 |
| < College degree | 20 |

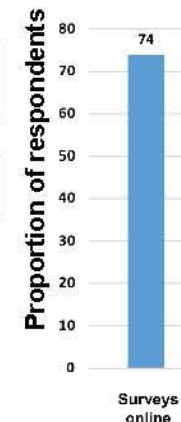
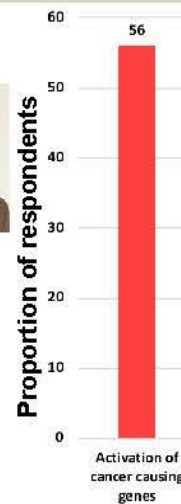
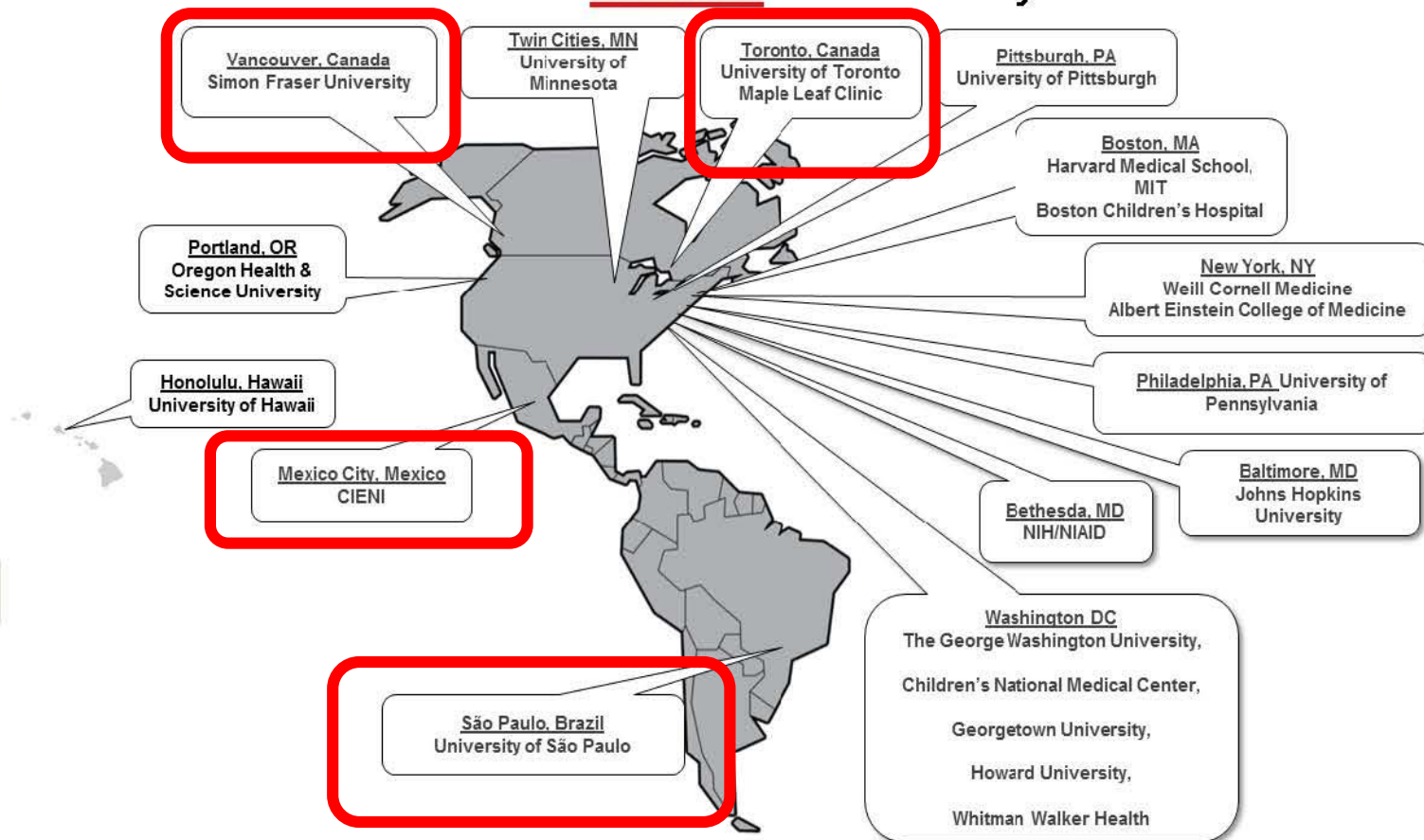


Research reported in this publication was supported by the National Institute of Allergy and Infectious Diseases of the National Institutes of Health under award number UM1AI126617, with co-funding support from the National Institute on Drug Abuse, the National Institute of Mental Health, and the National Institute of Neurological Disorders and Stroke. This research has also been facilitated by the services and resources provided by the District of Columbia Center for AIDS Research (CFAR), an NIH funded program (A117970), which is supported by the following NIH Co-Funding and Participating Institutes and Centers: NIAID, NCI, NICHD, NHLBI, NIDA, NIMH, NIA, FIC, NIGMS, NIDDK, and OAR. The content is solely the responsibility of the authors and does not necessarily represent the official views of the NIH or the DC CFAR.

BELIEVE Community Advisory Board Members



International **BELIEVE** Collaboratory Sites



Conclus

Conclusions:

- Community and is po
- There is perceptio particular (ATIs)

Next Steps:

- Create d local con

Results

Characteristics of Survey Participants (N=182): Preliminary Findings

| Characteristic | % |
|----------------|---|
|----------------|---|

How important is each of the following in motivating you to take part in HIV cure research studies?

Continuum of HIV

Prevention → Treatment → Cure

Prevention

Antiretroviral Treatment

Reducing HIV
Reservoir

Before
HIV Infection

Acute
HIV Infection

Chronic
HIV Infection

Viral Load
Suppressed



TIMOTHY RAY BROWN

- The first (and still only) person to be cured of HIV
- On February 7, 2007 , he was transplanted with HIV-resistant donor cells to treat his leukemia
- 68 days later, no more replicating HIV in his body
- still cured 11 years later



“CLASSIC” CURE

- HIV is **completely removed** from every cell in the body
- Person is HIV-free (virus free)

WHAT DOES A CLASSIC HIV CURE LOOK LIKE?

- HIV completely eliminated from the body
- No risk of transmitting HIV to others
- No more HIV treatment needed ever
- No risk of opportunistic infections
- No viral progression or immune damage

“FUNCTIONAL” CURE

- HIV is **NOT completely gone** from the body
- All other qualities are hopefully met

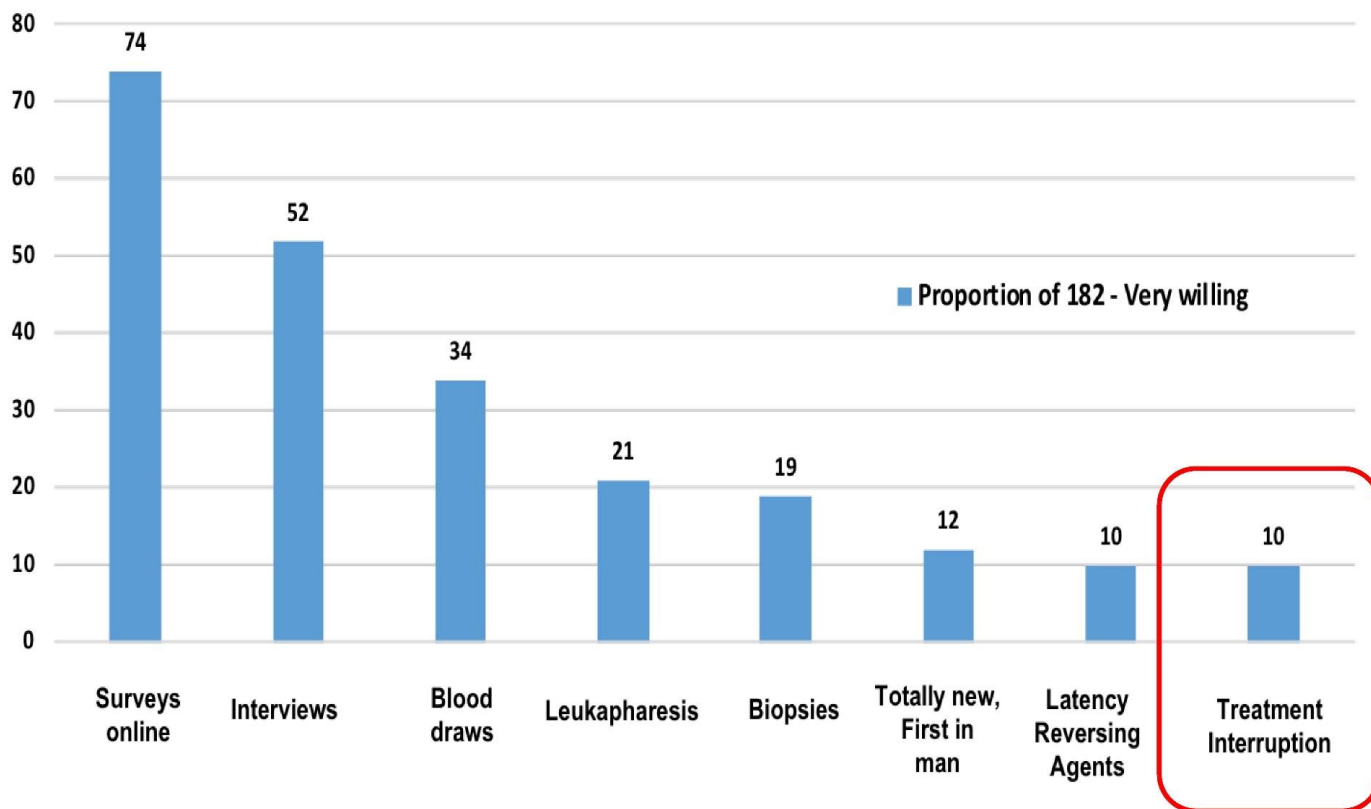
WHAT DOES A FUNCTIONAL HIV CURE LOOK LIKE?

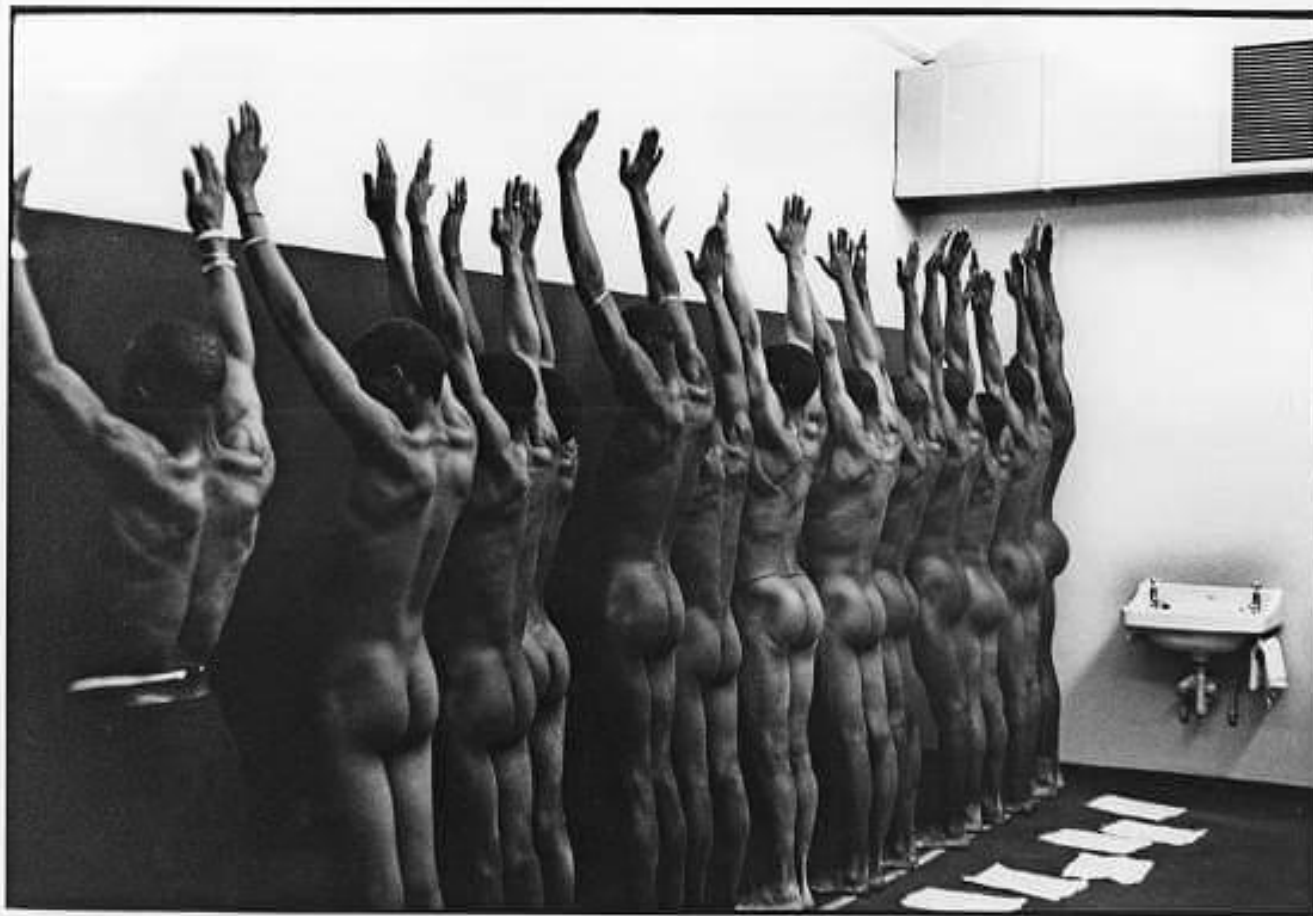
- HIV **not completely** eliminated from body
- No risk of transmitting HIV to others
- No more HIV treatment needed ever
- No risk of opportunistic infections
- No viral progression or immune damage

Take Home Messages re: **HIV Cure Research**

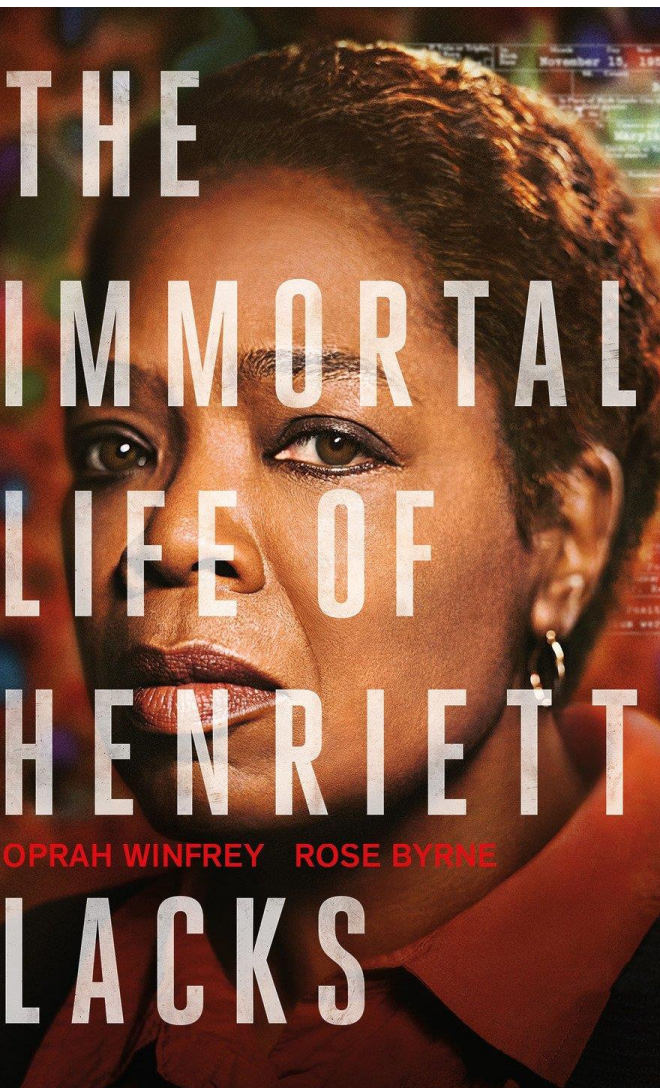
- Therapies aimed at reducing viral reservoirs or inducing remission are showing promise – however a cure for HIV remains a long-term goal
- Basic science research is needed to improve methods of targeting and measuring persistent sources of virus
- HIV reservoirs are **dynamic** – proliferation of some infected cells balanced by death of other infected cells
 - Understanding these dynamics may lead to new or improved strategies to reduce HIV reservoirs

In what type of studies would you be very willing to participate?





During group medical examination the nude men are herded through a string of doctors' offices. From *House of Bondage*, 1967.
Credit: The Ernest Cole Family Trust [<https://www.thetimes.co.uk/article/ernest-cole-apartheid-from-the-inside-ngljz9pj3r>]



This is Henrietta Lacks. Before her death in 1951, her doctor took and saved several tissue samples from her cervix without her permission or knowledge.

From these cells came the world's first "immortal cell line". Her cells have been used to develop everything from cloning to the polio vaccine. They have been used to develop cancer drugs, drugs to treat HIV, herpes, Parkinson's disease, and hundreds of others.

Scientists have grown more than 20 tons of her cells, and they're involved in more than 11,00 patents.

Transgender women taking PrEP have lower levels of PrEP drugs, especially in rectal tissues, than cisgender men

Difference “equivalent to four days of PrEP per week rather than seven”





Good participatory practice

Guidelines for biomedical
HIV prevention trials
2011



THE MOVEMENT FOR BLACK

ACK PEOPLE





Louie A. Ortiz-Fonseca

Apr 27, 2017 at 1:10 PM • 



**daily reminder: HIV is
STILL and has always
been a social justice
issue.**



@rikoamour

“To act is
to be
committed, and
to be committed
is to be in
danger.”

- James Baldwin

THANK YOU!



@RikoAmour
@TheNixonLab
@defeatHIV
@TheBodyDotCom
@TheBodyPROHIV

For more info:



Instagram

@awesomeJonesLab
@NixonLab

In closing...

1. Community-research partnerships are often hampered by competing bottom lines. What are they and how have you move towards resolving/ preventing potential conflict?
2. Despite the best of intentions, PLWH are granted token voice on research – how can we be better at inclusivity?
3. What are outcomes of participatory research? Are these outcomes better than ones that are more researcher-driven?
4. How do we best overcome unforeseen, unintended negative consequence of research on communities?