

Title: Saving Ourselves Sisters: Black Women Fighting HIV/AIDS

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Abstract

- **Background:** The National Council of Negro Women (NCNW) advocates for women of African descent with community based services and programs with a focus on economic empowerment, education and health. As HIV/AIDS is negatively impacting the wellbeing of women to the turn of nearly 30%, NCNW had sought and utilized funding from Center of Disease Control and Prevention as well as the Office of Women's Health to actively engage women in the fight against HIV/AIDS
- **Objective:** Train NCNW college section women in skills needed to facilitate Save Ourselves Sisters (SOS) intervention. It focuses on HIV/AIDS awareness, education and prevention messages and share with their communities in a service learning project.
- **Methods:** Pre test, SOS intervention facilitator training then post test. Per/Post test asked 4 questions related to stigma. Two used a likert scale and two were true false.
- **Results:** The majority of the responses of the Likert scale questions on both questions expressed no change although there was 1 increase, 1 decrease and 1 no answer. True false questions responses were positive on pretest and no change on posttest.
- **Conclusions:** Some progress was made toward reducing stigma. However, more in depth conversation, more time and more resources could be allocated to the topic of stigma to make a significant impact.